

2024 Birth Date Requirements

Age Groups for 2024 NSFA Season

- Under 6 Born on or after 1st January 2018
- Under 7 Born on or after 1st January 2017
- Under 8 Born on or after 1st January 2016
- Under 9 Born on or after 1st January 2015
- Under 10 Born on or after 1st January 2014
- Under 11 Born on or after 1st January 2013
- Under 12 Born on or after 1st January 2012
- Under 13 Born on or after 1st January 2011
- Under 14 Born on or after 1st January 2010
- Under 15 Born on or after 1st January 2009
- Under 16 Born on or after 1st January 2008
- Under 17 Born on or after 1st January 2007
- Under 18 Born on or after 1st January 2006
- Over 30 Born on or before 31st December 1994
- Over 35 Born on or before 31st December 1989
- Over 45 Born on or before 31st December 1979
- Over 55 Born on or before 31st December 1969