



# NSFA SKELLERN CUP

## 2023





## Welcome to the NSFA Skellern Cup!

Hosted at the Northern Suburbs Football Association (NSFA) home of football, the NSFA Skellern Cup is once again gearing up to be an exciting two days of school football. Bringing together primary school teams from across the Northern Suburbs of Sydney, the gala day intends to celebrate girls playing football by showcasing the inclusiveness, enjoyment, and camaraderie the game provides.

The NSFA Skellern Cup is named after Amanda and Kimberley Skellern, twin sisters who

have played representative club football for Northern Tigers FC for over 11 years after beginning their football careers at local club West Pymble FC. Be sure to keep your eyes peeled for the Skellern sisters over the two days who will be on hand to motivate teams, give advice and soak up the atmosphere.

Before you arrive at the ground be sure to read on, discovering our unique points system that will eventually crown the winners of the NSFA Skellern Cup.



*Enjoy the two days!*



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# 2022 Skellern Cup update

It was fantastic to see the return of the Skellern Cup in 2022 after 2-year hiatus due to the global pandemic. We saw the Skellern Cup slot into a new spot in the calendar which aligns as a great introduction to club football as well as PSSA. The Skellern Cup aims to be an opportunity where girls who have never played before can join in with friends who play the game and experience the wonders the game has to offer.

The NSFA Skellern Cup made a successful return this week at North Turramurra Recreation Area, featuring over 400 female players from across 12 schools in the NSFA region.

After two years of COVID postponements, NSFA Head of Female Football Eilidh Mackay underlined the importance of the free event heading into the 2022 winter football season.

**[Click here to view photos from both days!](#)**

“With less than 18 months until we host a Women’s World Cup here in Australia and New Zealand, this Skellern Cup has been a great way to celebrate female football and show the benefits of the game to players, parents and schools in the region.

“It’s been fantastic to see all the girls getting out on the field and enjoying football with their friends, regardless of whether they’ve played the sport before.

“These tournaments create lifelong memories for players and we’re grateful to have the opportunity to provide that experience to our next generation of footballers.”

The Skellern Cup was conducted across two days, with teams in years 3 and 4 taking part in the Junior Cup on Wednesday before years 5 and 6 participated in the Senior Cup on Thursday.

Teams received points throughout the day across a broad range of criteria, including fair play and school spirit while playing four matches.

In a first for the Skellern Cup, the Junior and Senior Cups were both awarded to teams from Roseville Public School.

NSFA would like to acknowledge the efforts of the schools, parents and our game-day volunteers from NSFA, Northern Tigers and XLR8 Player Development who brought this year’s event to life, as well as Ku-ring-gai Council for their support in rescheduling the tournament from September 2021 into the busy March pre-season window.

The event was further supported by Sydney FC and Ku-ring-gai Councillor Alec Taylor.

The NSFA Skellern Cup is one of many initiatives designed to support players under the What’s Best For Her strategic plan.

“Skellern Cup plays a key role in the growth of female football within NSFA as we aim to increase female player representation to 32% overall by 2024,” commented Eilidh Mackay.



“Participants from both days were provided a leaflet containing information on girls football offerings within the NSFA region, and we hope to see all this week’s players out on the park this season!”

**#WhatsBestForHer**

**[Click here to read about our various female football player programs.](#)**

**[Read more about the NSFA What’s Best For Her strategy here.](#)**

## **2022 Schools**

*Artarmon Public School, Gordon East Public School, Hornsby Heights Public School, Hornsby North Public School, Marist Catholic College North Shore, Mount Colah Public School, Neutral Bay Public School, Roseville Public School, St Michael’s Lane Cove, St Patrick’s Asquith, Wahroonga Public School, Willoughby Public School*



**[2019 NSFA Skellern Cup Video](#)**

# NSFA Skellern Cup Important information

The NSFA Skellern Cup will take place across two days of Term 1, providing all primary school aged girls in Year 3 – 6 the chance to take part in our association wide football gala day.

Each day will bring together schools and girls from throughout the Northern Suburbs of Sydney, inviting over 40 schools, stretching from Neutral Bay to Brooklyn. Each school can nominate as many teams as they like, with a recommended squad size of 13 players plus a coach/teacher. Games will be played on small-sided fields of 7v7 for Junior and 9v9 for senior, with a competition winner awarded following our unique points system.

The day intends to celebrate girls playing football, bringing together regular players and non-players to showcase the inclusiveness, enjoyment and camaraderie football as a sport provides.

**Juniors** will play 7v7 on **Wednesday 29th March (Wet weather day – 5<sup>th</sup> April)**

Year 3 & 4

**Seniors** will play 9v9 on **Thursday 30<sup>th</sup> March (Wet weather day – 6<sup>th</sup> April)**

Year 5 & 6

Time:	Activity:
9:15am	Welcome address
9:30am	Matches commence
~2:00pm	Official closing ceremony

*Upon arrival, please visit the competition coordinators tent to confirm your attendance.*



# GENERAL INFORMATION

## COST

The NSFA Skellern Cup is a **free** event, with no cost to the school for entering teams.

## REGISTRATION

To register teams for the NSFA Skellern Cup please follow the below link and fill out all information. If you would like to speak with someone, please call NSFA Office – 0294494855

**[NSFA Skellern Cup Registration form - 2023](#)**

## LOCATION:

All games will be played at the NSFA Home of football, North Turramurra Recreational Area (NTRA), North Turramurra. The newly built facility boasts three full size football fields, amenities, and parking to accommodate hundreds of players and spectators. Map below.

**[Online map – North Turramurra Recreational Area \(NTRA\)](#)**

North Turramurra Recreational Area (NTRA), 361 Bobbin Head Road, North Turramurra.

Located in the same precinct as the North Turramurra golf course.

## PARKING:

NTRA has over 250 parking spots, including bus bays.

## FACILITIES:

North Turramurra Recreational Area (NTRA) has amenities facilities, with two change rooms and public toilets.

## FIRST AID & RISK ASSESSMENT:

On both days of the tournament a first aid tent will be set up next to the competition coordinators table. A first aid officer will be on hand to assist, along with ice and medical supplies. A risk assessment will be completed and sent to all schools on request and prior to the tournament.

## FOOD AND DRINK:

A BBQ will be operating on both days to provide much needed sustenance to the players, spectators, and teachers during the football-centric day. The BBQ will operate during lunch time.

**\$3 – sausage sizzle**

**\$5 – sausage sizzle + drink**

## FOOTBALL GUIDELINES

### Playing formats:

Juniors – Year 3 & 4 girls will play a 7 vs 7 format on fields 40m in length, 30m wide. 25 min games. All teams will play with goals of 3m x 2m, with a maximum of three substitutes per team.

Seniors – Year 5 & 6 girls will play 9 vs 9 format on fields 65m in length, 45m wide. 25 min games. All teams will play with goals of 5m x 2m, with a maximum of four substitutes per team.



### Playing rules:

The NSFA Skellern Cup will follow NSFA MiniRoos competition regulations.

For more information, please see section 3.12.7 b) of the NSFA MiniRoos Competition regulations, link provided below.

[NSFA MiniRoos Competition regulations 2019](#)

### Game leaders / referees:

NSFA will provide all game leaders and referees for the event.

### Other

In the case of a colour clash NSFA will provide bibs.

NSFA will provide all playing balls and goals for the event.



## School checklist:

Responsibility:	Item:	Check
School/teacher	Circulate information package to parents/students	
School/teacher	Communicate points system with students	
Teacher	Confirmation of attendance on morning of tournament	
Student	Full playing strip (shirt, shorts, and socks)	
Student	Football gear – shinpads and boots or trainers	
Student	Lunch	
Student	School colours & song	
Student	Matildas Support – chant/poster	



# NSFA Skellern Cup Points system

The NSFA Skellern Cup will implement a unique set of criteria each school must work towards in order to be awarded NSFA Skellern Cup winners.

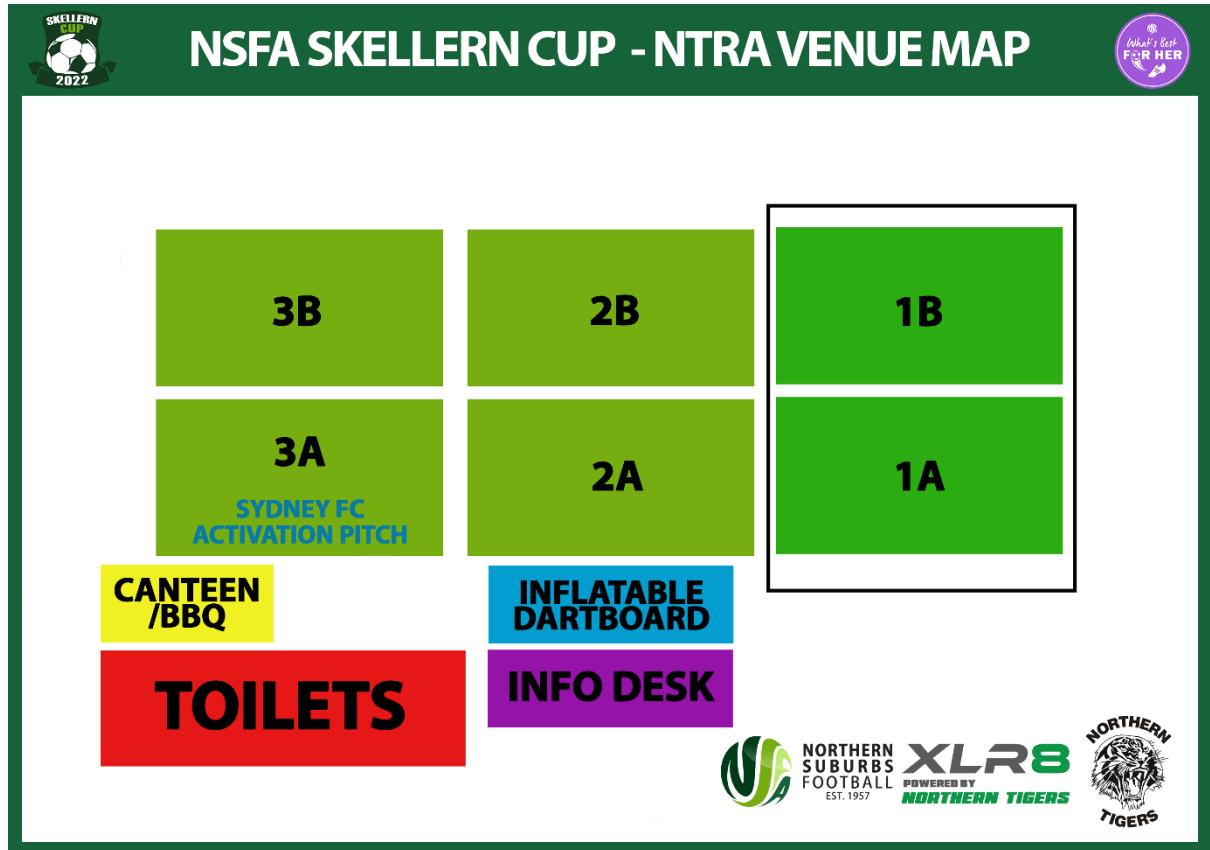
The following points will be **awarded only ONCE** during the day by the Skellern sisters!

Criteria	Points Awarded per team (once only)
School colours worn (players, parents, coaches)	5
Friendly atmosphere	5
Skellern Bonus points	10
Photo with the Skellern' s + post	3
Creating and singing a Matildas chant	10
Matilda themed posters	3
	<i>Total of 33 bonus points available</i>

The following points will be **awarded for EACH MATCH** of the day.

Criteria	Points available	Team A - points awarded	Team B - points awarded
<b>COACHES</b>			
Continual encouragement of both teams	2		
Rotating positions of players	2		
<i>Total of 4 points available</i>			
<b>PLAYERS</b>			
Passing the ball to involve ALL players in the game	2		
Positive comments & actions by team overall	2		
Good sportsmanship	1		
<i>Total of 5 points available</i>			
<b>SPECTATORS</b>			
Positive comments and support to all players and referees	2		
<b>MATCH</b>			
Goals scored (per goal)	1		
<b>Total points</b>			

# SKELLERN CUP VENUE MAP



# NSFA Skellern Cup Contact

Should you need to contact us at any point please use one of the following methods:

[admin@nsfa.asn.au](mailto:admin@nsfa.asn.au)

Phone: (02) 9449 4933

*In case of wet weather, contact will be made with the nominated school contact.*

