



**NORTHERN
SUBURBS
FOOTBALL**
EST. 1957

WHAT SHOULD I DO WHEN I AM SENT OFF?

If you are sent from the field during or immediately after the conclusion of the match your team manager should approach the referee after the match and ask the referee what you are being charged with.

The referee should give you a code number from R1 to R7 (see list at end of document).

Do not ask the referee what you are required to do next. The referee is not QUALIFIED to advise you on what your next course of action is.

Following is a summary of your next step:

- If you are sent from the field for R4, R5 or R7, you are automatically suspended for one (1) match. There is no appeal against a suspension for these offences unless you can prove mistaken identity.
- If you are sent from the field for R1 or R2, you will be automatically suspended for 2 to 4 matches depending on the severity of the offence. However, you can elect to challenge the automatic suspension by attending the next P. & D. hearing. **You will not receive a citing notice at this point.**
- If you do not attend the next P & D hearing the committee will either:
 - a) Apply the mandatory suspension as per the regulations. There is no appeal in this case, or
 - b) Cite you to appear at the following P & D hearing if they determine that the offence is of a more serious nature. At this point, you will receive a citing notice.
- If you are sent off for R3 or R6 you **must** attend the next P. & D. meeting. **You will not receive a citing notice before the meeting.** If you fail to attend you will be cited to appear at the next P. & D meeting and you must stand down from all matches played before you appear.

Please note:

- Every player sent from the field must miss any match played before the next P. & D. hearing.
- If a player is sent off for R4, R5 or R7 in a tournament match (e.g. NSFA Cup; President's Shield) the suspension must be served in the next match in that tournament, provided your team is still in the tournament. If your team was knocked out of the tournament, the suspension must be served in your next competition match.
- The full procedure can be found in Section 4.6 of NSFA Regulation 4 – Protests, Disputes and Disciplinary & Appeals which can be found on the NSFA website - <https://nsfa.asn.au/wp-content/uploads/2020/07/NSFA-Competition-Regulation-4-Protests-Disputes-And-Disciplinary-Appeals-2020-.pdf>
- **It is your responsibility to comply with the regulations when sent from the field. This includes asking your club secretary for advice, He or she can then contact the NSFA office if they cannot answer your question.**

SEND OFF OFFENCES

- R1 - The player is guilty of serious foul play;
- R2 - The player is guilty of violent conduct;
- R3 - The player spits at an opponent or any other person;
- R4 - The player denies the opposing team a goal or an obvious goal scoring opportunity by deliberately handling the ball (this does not apply to a goal keeper within his/her penalty area);
- R5 - The player denies an obvious goal scoring opportunity to an opponent moving towards the player's goal by an offence punishable by a free kick (unless as outlined in note below)
- R6 - The player uses offensive, insulting or abusive language and/or gestures;
- R7 - The player receives a second caution in the same match.

CD	OFFENCE	ACTION	MINIMUM	MAXIMUM
R1	Serious Foul Play	Mandatory	MMS + 1 fixture	24 months^
	Violent tackle from behind that endangers the safety of an opponent	Mandatory	MMS + 2 fixtures	24 months^
	Rugby Tackle	Mandatory	MMS + 3 fixtures	24 months^
	Violent Charging	Mandatory	MMS + 3 fixtures	24 months^
	"Over The Ball" Tackle	Mandatory	MMS + 3 fixtures	24 months^
R2 ¹	Violent Conduct	Mandatory	MMS + 1 fixture	24 months^
	Head Butting	Cited	MMS + 5 fixtures	24 months^
	Punching/Fighting	Mandatory	MMS + 2 fixtures	24 months^
	Kicking	Mandatory	MMS + 2 fixtures	24 months^
	Elbowing to the Head	Cited	MMS + 5 fixtures	24 months^
	Elbowing to the Body	Mandatory	MMS + 2 fixtures	24 months^
	Inciting a brawl or melee	Cited	MMS + 5 fixtures	24 months^
R3	Spitting at an opponent or any other person(other than a match official)	Cited	MMS + 8 fixtures	24 months^
	Spitting on an opponent or any other person(other than a match official)	Cited	MMS + 12 fixtures	24 months^
R4	The player denies the opposing team a goal or an obvious goal scoring opportunity by deliberately handling the ball (this does not apply to a goal keeper within his/her penalty area);	Mandatory	MMS	MMS
R5	The player denies an obvious goal scoring opportunity to an opponent moving towards the player's goal by an offence punishable by a free kick	Mandatory	MMS	MMS
R6	Using offensive, insulting or abusive language and/or gestures	Cited BOD 3/18	MMS + 1 fixture	24 months^
	Indecent Gestures	Cited	MMS + 8 fixtures	24 months^
	Incitement to violence, or repeated use of offensive, insulting or abusive words or gestures	Cited	MMS + 8 fixtures	24 months^
	Using discriminatory, homophobic, racist, religious, ethnic or sexist language and/or gestures	Cited	MMS + 8 fixtures	24 months^
R7	Receiving a second caution in the same Match	Mandatory	MMS	MMS